

Ultimate Hockey Centre

| Time | MON | TUE | WED | THU | FRI | SAT | SUN | Time |
|-------|-----|-----|-----------|-----|-----|-----|-----|-------|
| | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| | | | | | | | | |
| 7:30 | | | | | | | | 7:30 |
| 7:45 | | | | | | | | 7:45 |
| 8:00 | | | | | | | | 8:00 |
| 8:15 | | | | | | | | 8:15 |
| 8:30 | | | | | | | | 8:30 |
| 8:45 | | | | | | | | 8:45 |
| 9:00 | | | | | | | | 9:00 |
| 9:15 | | | | | | | | 9:15 |
| 9:30 | | | | | | | | 9:30 |
| 9:45 | | | | | | | | 9:45 |
| 10:00 | | | | | | | | 10:00 |
| 10:15 | | | | | | | | 10:15 |
| 10:30 | | | | | | | | 10:30 |
| 10:45 | | | | | | | | 10:45 |
| 11:00 | | | | | | | | 11:00 |
| 11:15 | | | | | | | | 11:15 |
| 11:30 | | | | | | | | 11:30 |
| 11:45 | | | | | | | | 11:45 |
| 12:00 | | | | | | | | 12:00 |
| 12:15 | | | | | | | | 12:15 |
| 12:30 | | | | | | | | 12:30 |
| 12:45 | | | | | | | | 12:45 |
| 1:00 | | | | | | | | 1:00 |
| 1:15 | | | no hockey | | | u9 | u9 | 1:15 |
| 1:30 | | | | | | 1 | 4 | 1:30 |
| 1:45 | | | | | | | | 1:45 |
| 2:00 | | | | | | | | 2:00 |
| 2:15 | | | | | | | | 2:15 |
| 2:30 | | | | | | u9 | u9 | 2:30 |
| 2:45 | | | | | | 2 | 5 | 2:45 |
| 3:00 | | | | | | | | 3:00 |
| 3:15 | | | | | | | | 3:15 |
| 3:30 | | | | | | | | 3:30 |
| 3:45 | | | | | | u9 | u9 | 3:45 |
| 4:00 | | | | | | 3 | 6 | 4:00 |
| 4:15 | | | | | | | | 4:15 |
| 4:30 | | | | | | | | 4:30 |
| 4:45 | | | | | | | | 4:45 |
| 5:00 | | | | | | | | 5:00 |
| 5:15 | | | | | | | | 5:15 |
| 5:30 | | | | | | | | 5:30 |
| 5:45 | | | | | | | | 5:45 |
| 6:00 | | | | | | | | 6:00 |
| 6:15 | | | | | | | | 6:15 |
| 6:30 | | | | | | | | 6:30 |
| 6:45 | | | | | | | | 6:45 |
| 7:00 | | | | | | | | 7:00 |
| 7:15 | | | | | | | | 7:15 |
| 7:30 | | | | | | | | 7:30 |
| 7:45 | | | | | | | | 7:45 |
| 8:00 | | | | | | | | 8:00 |
| 8:15 | | | | | | | | 8:15 |
| 8:30 | | | | | | | | 8:30 |
| 8:45 | | | | | | | | 8:45 |
| 9:00 | | | | | | | | 9:00 |
| 9:15 | | | | | | | | 9:15 |
| 9:30 | | | | | | | | 9:30 |
| 9:45 | | | | | | | | 9:45 |
| 10:00 | | | | | | | | 10:00 |
| 10:15 | | | | | | | | 10:15 |
| 10:30 | | | | | | | | 10:30 |
| 10:45 | | | | | | | | 10:45 |
| 11:00 | | | | | | | | 11:00 |
| | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |